

Being aware of one's learning preference and being able to adapt to other styles of learning enhances the student's ability to think and recall information allowing the student to become a more balanced learner. Natural learning preference can still be retained, but the mind can be stretched by understanding and experiencing more than one learning style. As a result of this adaptability, the student is then able to be a more efficient and flexible learner who can adapt to different teaching styles in the classroom.

AUDITORY

VISUAL

KINESTHETIC

